



Organic Kids

CATERING™

WEEK 1	MONDAY	Whole Grain Cereal with Organic Milk
	TUESDAY	Dateless Nutless Clusters with Whole Organic Fruit
	WEDNESDAY	Banana Bread
	THURSDAY	Assorted Fruit Yogurt & ALL Natural Cookie Spoon
	FRIDAY	Whole Organic Fruit & Milk

WEEK 2	MONDAY	Whole Grain Cereal with Organic Milk
	TUESDAY	Cheddar Cheese & Organic Gluten Free Crackers
	WEDNESDAY	Blueberry Bran Muffin
	THURSDAY	Whole Banana & Milk
	FRIDAY	Hard Boiled Egg & Whole Wheat Melba Toast

WEEK 3	MONDAY	Whole Grain Cereal with Organic Milk
	TUESDAY	Assorted Fruit Yogurt & ALL Natural Cookie Spoon
	WEDNESDAY	Multi-Grain Morning Round & Cream Cheese Spread
	THURSDAY	Pineapple Muffin with Organic Rice Beverage
	FRIDAY	Seasonal Fruit and Crackers

WEEK 4	MONDAY	Whole Grain Cereal with Organic Milk
	TUESDAY	Raisin Bread with Creamy Cheese Spread
	WEDNESDAY	Organic Banana Bread with Organic Rice Beverage
	THURSDAY	Whole Grain Oatmeal Raisin Cookie & Milk
	FRIDAY	Assorted Yogurt with ALL Natural Cookie Spoon

Assorted Whole Fruit to Include:

- | | |
|---------|---|
| Apples | Empire
Granny Smith
Golden Delicious
Red Delicious
Royal Gala |
| Bananas | |
| Oranges | Clementine
Mandarin |
| Pears | Bartlett
Bosc
D'anjou
Forelle |

Assorted Vegetables to Include:

- | | |
|---------------------|---------------|
| Broccoli Florets | Celery Sticks |
| Cauliflower Florets | Baby Carrots |

Due to availability some Items subject to change



WEEK 1	MONDAY	Whole Grain Cereal with Organic Milk cereal: *whole grain cereal grains (77.8%)(whole grain oats, whole grain wheat, whole grain barley, whole grain rice, whole grain maize), *sugar, *partially inverted brown sugar syrup, *wheat starch, *salt
	TUESDAY	Dateless Nutless Clusters with Whole Organic Fruit clusters: brown rice crisps, coconut oil, organic evaporated cane juice, coconut (unsweetened sulfite-free), semi sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, natural vanilla extract) chocolate liquor, water, rice flour, vanilla, mixed tocopherols, sea salt
	WEDNESDAY	Banana Bread banana bread: flour, egg, sugar, salt, vanilla, banana, veg oil, butter milk, baking powder
	THURSDAY	Assorted Fruit Yogurt & ALL Natural Cookie Spoon yogurt: milk, sugar, cream, corn & rice starch, culture, lemon jce, locust bean gum & pectin, strawberry, peach cookie spoon: wheat, oats, barley, soybean, corn, chickpeas, salt
	FRIDAY	Whole Organic Fruit & Milk

WEEK 2	MONDAY	Whole Grain Cereal with Organic Milk cereal: *whole grain cereal grains (77.8%)(whole grain oats, whole grain wheat, whole grain barley, whole grain rice, whole grain maize), *sugar, *partially inverted brown sugar syrup, *wheat starch, *salt
	TUESDAY	Cheddar Cheese & Organic Gluten Free Crackers cheese: pasteurized milk, modified milk, bacterial culture, salt, calcium, chloride, microbial, enzyme crackers: organic whole grain rice, organic whole grain quinoa, organic brown flax seed, organic brown sesame seeds, water, sea salt, organic wheat free tamar (water, whole organic soybeans, salt, organic vinegar contains soy & sesame
	WEDNESDAY	Blueberry Bran Muffin muffin: whole wheat flour, brown sugar, honey, bran, egg, blueberries, vanilla, cinnamon, vegetable oil, baking powder
	THURSDAY	Whole Banana & Milk
	FRIDAY	Hard Boiled Egg & Whole Wheat Melba Toast melba toast: whole wheat flour, wheat flour, oat hull fibre, sugar, sunflower oil, salt, yeast, caramel colour

WEEK 3	MONDAY	Whole Grain Cereal with Organic Milk cereal: *whole grain cereal grains (77.8%)(whole grain oats, whole grain wheat, whole grain barley, whole grain rice, whole grain maize), *sugar, *partially inverted brown sugar syrup, *wheat starch, *salt
	TUESDAY	Assorted Fruit Yogurt & ALL Natural Cookie Spoon yogurt: milk, sugar, cream, corn & rice starch, culture, lemon jce, locust bean gum & pectin, strawberry, peach cookie spoon: wheat, oats, barley, soybean, corn, chickpeas, salt
	WEDNESDAY	Multi-Grain Morning Round & Cream Cheese Spread morning round: whole grain wheat flours & germ, filtered water, multigrain mix (cracked wheat, cracked rye, crushed flax seeds, millet meal, cracked triticale, barley grits, sunflower seeds, rolled oats, durum semolina), organic sour dough (organic unbleached wheat flour, filtered water, sea salt, yeast, organic sunflower oil), organic cane sugar, flax seeds, sunflower seeds, millet, yeast, crushed flax seeds, sunflower oil, sea salt, cultured wheat starch, citric acid contains wheat, rye, triticale, barley, oats may contain sesame seeds cheese: milk, modified milk ingredients, salt, bacterial culture, lactic acid, potassium sorbate, sorbic acid
	THURSDAY	Pineapple Muffn with Organic Rice Beverage muffin: flour, egg, sugar, skim milk powder, vanilla, salt, pineapple, vegetable oil, baking powder
	FRIDAY	Seasonal Fruit and Crackers crackers: organic whole grain rice, organic whole grain quinoa, organic brown flax seed, organic brown sesame seeds, water, sea salt, organic wheat free tamar (water, whole organic soybeans, salt, organic vinegar. contains: soy & sesame

WEEK 4	MONDAY	Whole Grain Cereal with Organic Milk cereal: *whole grain cereal grains (77.8%)(whole grain oats, whole grain wheat, whole grain barley, whole grain rice, whole grain maize), *sugar, *partially inverted brown sugar syrup, *wheat starch, *salt
	TUESDAY	Raisin Bread with Creamy Cheese Spread raisin bread: enriched wheat flour, water, raisins, sugar, glucose-fructose, vegetable oil (canola or soybean), yeast, wheat gluten, salt, modified milk ingredients, cinnamon, monoglycerides, sodium stearoyl-2-lactylate, acetylated tartaric acid esters of mono and diglycerides, calcium propionate, soybean lecithin, may contain sesame seeds. spread: cheese, milk, modified milk ingredients, salt, bacterial culture, lactic acid, potassium sorbate, sorbic acid
	WEDNESDAY	Organic Banana Bread with Organic Rice Beverage banana loaf: flour, egg, sugar, salt, vanilla, banana, veg oil, butter milk, baking powder rice beverage: filtered water, organic brown rice, organic white rice, organic canola oil, tricalcium phosphate, sea salt, vitamin a acetate, vitamin b2 (riboflavin), vitamin d2, vitamin b12, zinc gluconate, amylase (enzyme)
	THURSDAY	Whole Grain Oatmeal Raisin Cookie & Milk cookie: flour, rolled oats, raisins, sugar, corn syrup, vanilla, salt, vegetable shortening
	FRIDAY	Assorted Yogurt with ALL Natural Cookie Spoon yogurt: skim milk, fruit (strawberry, peach, raspberry), modified corn and rice starch, milk and whey proteins, active bacterial culture, natural colours and flavours, pectin, lemon juice concentrate, locust bean gum, sucralose (peach and vanilla; 17mg, strawberry and reaspberry 16mg per 100g), vitamin palmiate, vitamin d3, potassium sorbate, vitamin a & d fortified skim milk cookie spoon: wheat, oats, barley, soybean, corn, chickpeas, salt