



Organic Kids

CATERING™

WEEK 1	MONDAY	Organic Gingersnaps & Swiss Cheese
	TUESDAY	Baby Carrots & Ranch Dip
	WEDNESDAY	Fresh/Frozen Fruit Yogurt Bar
	THURSDAY	Whole Grain Oatmeal Raisin Cookie & Assorted Seasonal Fruit
	FRIDAY	Tomato Foccaccia

WEEK 2	MONDAY	Mini Pita's & Roasted Red Pepper Dip
	TUESDAY	Fresh/Frozen Fruit Yogurt Bar
	WEDNESDAY	Pita Bread & Chicken Salad
	THURSDAY	Cheddar Cheese & Assorted Seasonal Fruit
	FRIDAY	Assorted Vegetables & Creamy Spinach Ranch Dip

WEEK 3	MONDAY	Mary's Organic Gluten Free Crackers & Tuna Salad Dipper
	TUESDAY	Italian Pizza Buns
	WEDNESDAY	Celery Sticks & Cheddar Cheese Dunker Melt
	THURSDAY	Whole Assorted Fruit
	FRIDAY	Whole Grain Oatmeal Raisin Cookie & Milk

WEEK 4	MONDAY	Stone Baked Corn Crackers & Salsa
	TUESDAY	Egg Salad & Mini Pita's
	WEDNESDAY	Brogies & Vanilla Bean Ricotta Cheese
	THURSDAY	Fresh/Frozen Fruit Yogurt Bar
	FRIDAY	Organic Lemon Snaps & Assorted Seasonal Fruit

Assorted Whole Fruit to Include:

- Apples
 - Empire
 - Granny Smith
 - Golden Delicious
 - Red Delicious
 - Royal Gala
- Bananas
- Oranges
- Pears
 - Clementine
 - Mandarin
 - Bartlett
 - Bosc
 - D'anjou
 - Forelle

Assorted Vegetables to Include:

- Broccoli Florets
- Celery Sticks
- Cauliflower Florets
- Baby Carrots

Due to availability some Items subject to change



WEEK 1	MONDAY	Organic Gingersnaps & Swiss Cheese ginger snaps: wheat flour, brown sugar, organic palm fruit oil, liquid whole egg, canola oil, filtered water, honey, soy lecithin, spices, ground ginger, blackstrap molasses, baking powder, sea salt cheese: cheddar, swiss, semisoft cheese (pasteurized cultured milk, part skim milk, salt, enzymes) nonfat milk, whey, ultrafiltered nonfat milk, water, sodium polyphosphate, citric acid, salt
	TUESDAY	Baby Carrots & Ranch Dip dip: water, soybean oil, sugar, salt, vinegar, buttermilk powder, modified corn starch, onion and garlic powder, xanthan gum, natural flavour, phosphoric acid, sorbic acid, polysorbate 60, spice, lemon juice concentrate, propylene glycol alginate, yeast extract, parsley, calcium, calcium disodium edta contains: soy, milk
	WEDNESDAY	Fresh/Frozen Fruit Yogurt Bar yogurt bar: skim milk, cream, cane sugar, modified corn starch, milk and whey proteins, fructose, blueberry puree, active bacterial culture, natural colours and flavours, agar, guar gum, carrageenan, locust bean gum, vitamin d3, source of calcium and vitamin d, gelatine free
	THURSDAY	Whole Grain Oatmeal Raisin Cookie & Assorted Seasonal Fruit cookie: flour, rolled oats, raisins, sugar, corn syrup, vanilla, salt, veg shortening
	FRIDAY	Tomato Focaccia focaccia: enriched white flour, yeast, salt, tomatoes, herbs, sugar

WEEK 2	MONDAY	Mini Pita's & Roasted Red Pepper Dip pita: whole wheat flour and wheat germ, filtered water, organic sour dough (organic unbleached wheat flour, filtered water, yeast, sea salt, organic sunflower oil), organic cane sugar, wheat bran, sea salt, yeast, sunflower oil, cultured wheat starch, citric acid contains wheat may contain sesame seeds dip: roasted red peppers, tofu, vinegar, salt, garlic, canola oil
	TUESDAY	Fresh/Frozen Fruit Yogurt Bar yogurt bar: skim milk, cream, cane sugar, modified corn starch, milk and whey proteins, fructose, blueberry puree, active bacterial culture, natural colours and flavours, agar, guar gum, carrageenan, locust bean gum, vitamin d3 source of calcium and vitamin d gelatine free
	WEDNESDAY	Pita Bread & Chicken Salad pita: whole wheat flour and wheat germ, filtered water, organic sour dough (organic unbleached wheat flour, filtered water, yeast, sea salt, organic sunflower oil), organic cane sugar, wheat bran, sea salt, yeast, sunflower oil, cultured wheat starch, citric acid contains wheat may contain sesame seeds salad: chicken, water, soybean oil, sugar, vinegar, modified corn starch, liquid egg yolk, salt, spices, colour, flavour, citric acid, dehydrated garlic, calcium disodium edta, spice extracts, celery, pepper
	THURSDAY	Cheddar Cheese & Assorted Seasonal Fruit cheese: pasteurized milk, modified milk, bacterial culture, salt, calcium, chloride, microbial, enzyme
	FRIDAY	Assorted Vegetables with Creamy Spinach Ranch Dip dip: spinach, soybean oil, water, white vinegar, sugar, salt, buttermilk powder, phosphoric acid, xanthan gum, dehydrated onion, spice, potassium sorbate, dehydrated garlic, autolyzed yeast extract, flavour, propylene glycol alginate, sodium benzoate, dehydrated parsley, calcium disodium edta, citric acid

WEEK 3	MONDAY	Mary's Organic Gluten Free Crackers & Tuna Salad Dipper crackers: organic whole grain rice, organic whole grain quinoa, organic brown flax seed, organic brown sesame seeds, water, sea salt, organic wheat free tamar (water, whole organic soybeans, salt, organic vinegar contains soy & sesame salad: tuna, water, soybean oil, sugar, vinegar, modified corn starch, liquid egg yolk, salt, spices, colour, flavour, citric acid, dehydrated garlic, calcium disodium edta, spice extracts, parsley, pepper
	TUESDAY	Italian Pizza Buns bun: wheat, water, vegetable shortening, sugar, yeast, salt, conditioner filling: cheddar cheese, pizza sauce (tomato paste, water, canola oil, sugar, spices, salt, citric acid)
	WEDNESDAY	Celery Sticks & Cheddar Cheese Dunker Melt cheese: cheese whey, vegetable oil (contains: sunflower oil, canola oil, soybean oil), modified food starch, cheese (cultured milk, salt and enzymes), salt, sodium phosphate, monosodium glutamate, sodium stearoyl lactylate, mono and diglycerides, vinegar, natural flavour, color added (including caramel color and yellow 5 & 6)
	THURSDAY	Whole Assorted Fruit
	FRIDAY	Whole Grain Oatmeal Raisin Cookie & Fruit cookie: flour, rolled oats, raisins, sugar, corn syrup, vanilla, salt, veg shortening

WEEK 4	MONDAY	Stone Baked Corn Crackers & Salsa crackers: whole grain corn flour, salt, hydrated lime, tocopherols (plant sourced ingredients to maintain crispness) salsa: tomato, onion, salt, cilantro, citric acid, calcium chloride, vinegar, jalapeno pepper, sodium benzoate, spice extract, garlic, dehydrated parsley
	TUESDAY	Egg Salad & Mini Pita's salad: egg, water, soybean oil, sugar, vinegar, modified corn starch, liquid egg yolk, salt, spices, colour, flavour, citric acid, dehydrated garlic, calcium disodium edta, spice extracts, parsley, pepper pita: whole wheat flour and wheat germ, filtered water, organic sour dough (organic unbleached wheat flour, filtered water, yeast, sea salt, organic sunflower oil), organic cane sugar, wheat bran, sea salt, yeast, sunflower oil, cultured wheat starch, citric acid contains wheat may contain sesame seeds
	WEDNESDAY	Brogies & Vanilla Bean Ricotta Cheese brogies: wheat, soybean, salt, tapioca root ricotta: milk, sugar, vanilla, arrowroot flour, wheat flour, sugar, shortening (vegetable, modified palm), glucose-fructose, corn starch, salt, glycerol, baking soda, soy lecithin, diammonium phosphate, sodium metabisulphite, natural flavour
	THURSDAY	Fresh/Frozen Fruit Yogurt Bar yogurt bar: skim milk, cream, cane sugar, modified corn starch, milk and whey proteins, fructose, blueberry puree, active bacterial culture, natural colours and flavours, agar, guar gum, carrageenan, locust bean gum, vitamin d3, source of calcium and vitamin d, gelatine free
	FRIDAY	Organic Lemon Snaps & Assorted Seasonal Fruit lemon snaps: organic whole spelt flour, organic evaporated cane juice, water, organic sunflower lecithin, organic palm fruit oil, organic sunflower oil, organic poppy seeds, organic malt syrup, organic honey, chicory root inulin, organic molasses, organic vanilla extract, natural lemon flavour, salt, sodium bicarbonate, bacillus coagulans gbi-30 6086